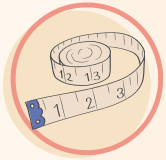


COMPRESSION SOCKS ASSISTANCE PROGRAM

Leg Revival Clinic

Bringing Comfort and Energy to Your Legs at Your Convenience

COMPRESSION STOCKING TIPS



Get Properly Measured

Always consult a certified fitter to ensure the right size and compression level.



Apply to Dry Skin

Make sure your legs are dry before applying stockings. Avoid lotions before wearing them, but moisturize at night.



Handle with Care

Use gloves to avoid runs or tears when putting on stockings, and treat them as medical devices.



Positioning

Calf-high stockings should sit two finger widths below the knee crease. Never fold them down.



Gloves for Adjustments

Wear gloves when adjusting stockings to prevent fabric damage.

HOW COMPRESSION STOCKINGS SHOULD FEEL



Firm Yet Comfortable

Stockings should feel snug but not painfully tight. You should feel firm pressure, especially around the ankle, without deep marks or discomfort.

STOCKING CARE INSTRUCTIONS

Daily Washing

Hand wash inside out with mild soap and lukewarm water. Rinse thoroughly and air dry. Avoid heat or direct sunlight.

Replace as Needed

Stockings typically last 4-6 months. If you experience changes in weight or swelling, schedule a fitting reassessment.

Update Measurements Regularly

Measurements should be updated every 3 months to ensure proper fit and effectiveness.

COMPRESSION THERAPY EXPECTATIONS



Daily Wear

Wearing stockings daily promotes healthy legs, reducing fatigue, swelling, and discomfort by the end of the day.

ADDITIONAL RESOURCES

1

FOLLOW US



2

FOR YOUR CONVENIENCE AND MANY OTHER BENEFITS, WE WORK COLLABORATIVELY WITH VASCULAR SURGEONS. ASK DR. O!



3

USE SYMPTOM INVESTIGATE TOOL



4

DOWNLOAD RESOURCES FROM OUR EXPERT WEBSITE



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